



**Thor External
Industrial Training
Courses**
Call 01782 565797
www.thorlightning.co.uk

The Safe Use of Harnesses and Lanyards

Course Summary:

This is a vitally important course for all individuals who are ever likely to work at heights or on rooftops. Suitable for those new to working at height and also as a refresher course for more experienced operatives. Training is delivered by an experienced qualified instructor and can take place at our Training Centre at Parkhouse Industrial Estate, Newcastle-Under-Lyme or alternatively at your own premises.

Aims and objectives of course:

To ensure trainees to understand the following:

- reasons for wearing harnesses
- correct wearing of harnesses and lanyards
- care and maintenance
- types of fall arrest devices
- selection of anchor points

Maximum number of delegates: 10

Duration: half day

For further information about dates/availability and costs, including multi-booking discounts contact:

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We also undertake health and safety inspections within all types of organisations. Including risk assessments, COSHH assessments and asbestos awareness. For further details about these services plus other training courses currently available visit www.thorlightning.co.uk